

## **PATH 2: ENGAGING MORE OF AMERICA IN HEART DISEASE AND STROKE PREVENTION**

**Warren A. Jones, MD, FAAFP**  
**Chief Health Officer**  
**Hampton University**



Warren Jones, MD, FAAFP has over thirty years' experience in health care. Notably, he founded and established the Mississippi Institute for Improvement of Geographic Minority Health and Health Disparities (MIGMH) at the University of Mississippi Medical Center (UMC). Over the course of his tenure there, Jones secured approximately \$38 million dollars for MIGMH and its constituent programs.

Jones' other professional experience includes directing the State of Mississippi's Medicaid Program. As program director, he was responsible for providing health care for over 768,000 Mississippians. He also developed and implemented the Mississippi Medicaid Medical Home program that allowed for annual physical examinations and health assessments.

Over the course of his career, Jones has been recognized for his pioneering efforts in the field of health as well as a distinguished educator. He was recognized as Outstanding Minority Educator in the State of Mississippi and was elected the first and only African American President of the American Academy of Family Physicians.

He was also the first African American appointed as an associate vice chancellor at the University of Mississippi Medical Center.

Jones is Chair Emeritus of Family Medicine at the University of Mississippi Medical Center (UMC), Chair Emeritus of the National Medical Association's Family Medicine Section and Immediate Distinguished Professor of Health Policy at UMC. Prior to Hampton, he held the NIH Endowed Chair in Health Disparities Research at Dillard University, his undergraduate alma mater. He is the recipient of many awards and honors including an Honorary Doctorate of Humane Letters from Tougaloo College. A native of New Orleans, Dr. Jones is a 1978 graduate of the Louisiana State University School of Medicine in New Orleans. He is married to the former Gennie Lacy of Pickens, MS and is the father of six children: Aaron, Keith, Winston, Deanna, Cassandra and Madison.

**Dexter Shurney, MD, MBA, MPH**  
**Former Chief Medical Director / Executive Director for Global Benefits,  
Health and Wellness for Cummins, Inc.**



Dr. Shurney is the former Chief Medical Director / Executive Director for Global Benefits, Health and Wellness for Cummins, Inc. He has an extensive background in health care management and policy. He has distinguished himself as a recognized leader in his profession in numerous ways, most recently in the area of Lifestyle medicine. In 2007, he was appointed by Tennessee Governor Phil Bredesen to chair The Diabetes Prevention and Health Improvement Board. The same year he was elected to the Board of the American College of Lifestyle.

Other positions that Dr. Shurney has held include Senior Vice President and Chief Medical Officer for Healthways, Health Policy Strategist in the Division of Global Government Affairs for the biotechnology company Amgen Inc., Chief Medical Officer and Vice President of medical affairs for Blue Cross Blue Shield of Michigan, and Editor of the Journal of Managed Care Physicians. Dr. Shurney is co-author of the book “Integrating Wellness into Your Disease Management Programs” which is a “how-to” strategic guide for employers that wish to innovate their disease management programs with accountable wellness and lifestyle approaches to care.

**CSM John Wayne Troxell**  
**Senior Enlisted Advisor to the Chairman of the Joint Chiefs of Staff**  
**U.S. Department of Defense**



Army Command Sergeant Major John Wayne Troxell is the Senior Enlisted Advisor to the Chairman of the Joint Chiefs of Staff, and the senior noncommissioned officer in the U.S. Armed Forces. In this role, he serves as the principal military advisor to the Chairman and the Secretary of Defense on all matters involving joint and combined total force integration, utilization, health of the force and joint development for enlisted personnel.

CSM Troxell enlisted in the U.S. Army in September 1982 as an armored reconnaissance specialist and graduated One Station Unit Training at Fort Knox, Ky.

CSM Troxell has served in the Army over 30 years in numerous units throughout his career. They include the 3rd Armored Cavalry Regiment in Fort Bliss, Texas; two tours in Germany with the 3rd Armored Division, and the 3rd Infantry Division; two tours in the 82nd Airborne Division, Fort Bragg, N.C. with deployments to Panama, Saudi Arabia, and Iraq; Campbell University ROTC in Buies Creek, N.C.; and the Special Operations Division of Joint Task Force Six (Counter Drug) in El Paso, Texas. He has served as the Command Sergeant Major of the 3rd Squadron, 17th Cavalry Regiment, 10th Mountain Division, Fort Drum, N.Y., and in Iraq; the Regimental Command Sergeant Major

of the 2nd Stryker Cavalry Regiment in both Fort Polk, La., and Fort Lewis, Wash.; the Command Sergeant Major of the 4th Stryker Brigade Combat Team, 2nd Infantry Division, Fort Lewis, WA., and in Iraq; the 21st Command Sergeant Major of the U.S. Army Armor Center and Fort Knox, Ky.; the Command Sergeant Major of the U.S. Army Accessions Command and Human Resource Center of Excellence at Fort Knox, Ky.; the Command Sergeant Major of I Corps at Joint Base Lewis-McChord, Wash.; the Command Sergeant Major of the International Security Assistance Force Joint Command in Afghanistan; and most recently as the Command Senior Enlisted Leader of the United Nations Command, Combined Forces Command and United States Forces Korea.

CSM Troxell's five combat tours of duty include making the combat parachute jump and service in Operation Just Cause in Panama, Operation Desert Shield/Storm, two tours in Operation Iraqi Freedom, and Operation Enduring Freedom in Afghanistan.

CSM Troxell's military education includes Ranger, Airborne, Jumpmaster, Pathfinder, the Primary Leadership Development Course, the Basic Noncommissioned Officer Course, the Advanced Noncommissioned Officers Course, and the First Sergeants Course. He is a graduate of Class 51 of the U.S. Army Sergeants Major Academy and the Command Sergeants Major Course. CSM Troxell is also a graduate of the National Defense University Keystone Joint Command Senior Enlisted Leader Course, the U.S. Army War College Strategic Leader Development Course, the Army Strategic Leader Development Program (Intermediate) at the University of North Carolina at Chapel Hill, and the Army Strategic Leader Development Program (Advanced). Additionally, CSM Troxell is a Fellow at the Asia Pacific Center for Strategic Studies in Honolulu, Hawaii. CSM Troxell's civilian education includes a Master's Degree in Business Administration with a concentration in Strategic Leadership from Trident University in California.

CSM Troxell's personal awards include the Defense Superior Service Medal (2), Legion of Merit (3), Bronze Star Medal (2), Meritorious Service Medal (5), NATO Meritorious Service Medal, Joint Service Commendation Medal, Army Commendation Medal with Valor Device and 5 OLC, Army Achievement Medal (6), Army Good Conduct Medal (11), National Defense Service Medal (2), Armed Forces Expeditionary Medal with Arrowhead Device, Southwest Asia Service Medal (2), Afghanistan Campaign Medal, Iraq Campaign Medal, Global War on Terrorism Expeditionary Medal, Global War on Terrorism Support Medal, Korean Defense Medal, NATO Medal, Noncommissioned Officer Professional Development Ribbon (5), Army Service Ribbon, Overseas Service Ribbon (5), Saudi Arabia-Kuwait Liberation Medal, Kuwait Liberation Medal, Combat Action Badge, Ranger Tab, Master Parachutist Badge with Bronze Service Star Device (Combat Jump), Pathfinder Badge, Driver's Badge, and the Meritorious Unit Citation.

CSM Troxell is married to the former Sandra Jimenez, his wife of 32 years from El Paso, Texas. They have three adult sons and two grandchildren.

## Mayor Lydia L. Mihalik City of Findley, Ohio



Lydia L. Mihalik is the 55th Mayor of Findlay. She assumed office as the first female Mayor of Findlay on January 1, 2012.

Since taking office, Mayor Mihalik has given special attention to issues of flood mitigation, job creation, and improving the way that the City of Findlay delivers service to our residents. She has been a strong proponent of the Small Business Development Center (SBDC) and Workforce Development which is now being led by a separate non profit called "Raise the Bar".

Mayor Mihalik is a 2010 graduate of the Jo Ann Davidson Leadership Institute and a 2010 graduate of the Government Leadership Academy. She currently serves on the Hancock County Red Cross Board of Directors. Mayor Mihalik is a member of the Findlay Noon Rotary Club and an Honorary Member of Zonta.

In 2012, Mayor Mihalik received the Old Main Award from the University of Findlay Alumni Association, 20 Under 40 Leadership Award, and was named a Leader of Promise by Girl Scouts of America, Western Ohio. She was also named an honorary member of the Korean War Veterans Association #172.

During the Spring Semester of 2013, Mayor Mihalik was the Professional in Residence for the Communication Department at the University of Findlay where she taught "Leadership and Change Through Communication".

Mayor Mihalik is also a board member of the Ohio Mayor's Alliance, a collaboration of Ohio's 30 largest cities and a board member of the North West Ohio Mayor's and Managers Association. She is also a recent selection for the Governing Institute's Women in Government Leadership Program for the Class of 2017.

In 2017, Mayor Mihalik was named to the Advisory Board of the U.S. Conference of Mayors (USCM) and appointed Chair of the USCM Standing Committee on Children, Health and Human Services. Prior to being elected Mayor, she was the Grant Administrator for the Hancock Regional Planning Commission (HRPC), a position she held since 2004. She was responsible for generating more than \$19 Million in grant revenue for local governments including, but not limited, to the City of Findlay and Hancock County.

An all conference member of the Women's Basketball team, Mayor Mihalik earned a Bachelor of Arts Degree in Political Science from the University of Findlay in 2002.

She and her husband Drew have three children, Joseph, Elizabeth and Delaney.