HOW IMPORTANT IS

MOM'S HEART HEALTH?



HEY MOMS!

Did you know that managing your cholesterol is **one of the most important things** you can do to keep your

family healthy?

High cholesterol can cause a heart attack or stroke. To be the **lifeline your family needs**, be pro- active about your own heart health. Talk to your healthcare provider about **your cholesterol risk**.



People with **HIGH CHOLESTEROL** are at least **FIVE TIMES** as likely to have

CARDIOVASCULAR DISEASE

the #1 CAUSE OF DEATH among women

DID YOU KNOW THAT CARDIOVASCULAR DISEASE:



Takes more lives than ALL FORMS
OF CANCER COMBINED**



Kills 1 WOMAN EVERY 80 SECONDS**



Kills about **HALF A MILLION WOMEN** annually**



Can lead to **HEART ATTACK OR STROKE**

Talk with a healthcare provider about your cholesterol risk

Learn more at countercholesterol.org

Counter Cholesterol is made possible through support from Sanofi and Regeneron.

*Long-term risk of atherosclerotic cardiovascular disease in US adults with the familial hypercholesterolemia phenotype. Circulation. June 2016.

**According to the American Heart Association



