

KIDNEY HEALTH COACH

The American Kidney Fund (AKF) is pleased to announce the launch of its revamped [Kidney Health Coach](#) (KHC) program on January 6, 2022. KHC is a no-cost, community health education program that provides health professionals and lay audiences with the knowledge and tools to educate patients and the community about preventing and managing kidney disease. KHC supports health professionals in educating patients through its clinical content, as well as its adherence to standards of plain language and health literacy. The updated program includes a new 2-hour online training course (available in English and Spanish) presented through a series of four modules.

Module 1: Welcome and Kidney Basics

Module 2: Chronic Kidney Disease Causes, Symptoms and Testing

Module 3: Prevention and Treatment of Chronic Kidney Disease

Module 4: Why this Matters and Next Steps

To become a Kidney Health Coach, individuals must complete all components of the course. Upon successful completion, Coaches receive a certificate of completion. As part of the updated program, AKF now offers continuing education (CE) credits for eligible health professionals:

- **Certified Health Education Specialists/Master Certified Health Education Specialists (CHES®/MCHES®):** This course is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 2.0 total Category I education contact hours. Advanced-level continuing education contact hours are not available.



- In support of improving patient care, this activity has been planned by The American Kidney Fund and the Association of Diabetes Care & Education Specialists. The Association of Diabetes Care & Education Specialists is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



- **American Nurses Credentialing Center (ANCC):** The Association of Diabetes Care & Education Specialists designates this activity for a maximum of 2.0 ANCC contact hours. The Association of Diabetes Care & Education Specialists is approved by the California Board of Registered Nursing, Provider



Number 10977, for 2.0 contact hours.

- **Commission on Dietetic Registration (CDR):** CDR Credentialed Practitioners will receive 2.0 Continuing Professional Education units (CPEUs) for completion of this activity. Completion of this RD/DTR profession specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60-minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Performance Indicator selection is at the learner's discretion.



- **Certified Diabetes Care and Education Specialists:** To satisfy the requirements for renewal of certification for the Certification Board for Diabetes Care and Education (CBDCE) continuing education activities must be diabetes related and approved by a provider on the CBDCE list of Approved Providers (www.ncbde.org). CBDCE does not approve continuing education. The Association of Diabetes Care & Education Specialists (ADCES) is on the CBDCE list of Approved Providers.



- This program is Approved by the **National Association of Social Workers** (Approval # 886443948-3471) for 1 continuing education contact hour.



After becoming a KHC, coaches gain access to tools and resources to help conduct education sessions as well as support and guidance from dedicated AKF staff. Coaches can also connect with a community of other KHCs doing similar work to spread awareness and educate the community about kidney disease prevention and management. Anyone interested in educating others about kidney disease can become a coach. Although the program is helpful to those who work in the health field, Kidney Health Coaches do not need to have a health background.

Thank you for partnering with us to share this important program. Below is some information to help your organization connect with AKF online and share program details on your social channels.

Social media messages:

- We are pleased to partner with [TAG AKF] in support of their newly revamped Kidney Health Coach program. KHC is a free, virtual health program that provides health professionals and lay audiences with the knowledge and tools to educate others about preventing and managing chronic #kidneydisease. <https://www.kidneyfund.org/training/kidney-health-coach/>
- As part of their newly updated Kidney Health Coach program, [TAG AKF] now offers continuing education (CE) credits for eligible health professionals. Learn more about the CE credits available

and how these tools can help you educate others about preventing and managing chronic #kidneydisease. <https://www.kidneyfund.org/training/kidney-health-coach/>

- As part of their newly updated Kidney Health Coach program, [TAG AKF] now offers continuing education (CE) credits for:

CHES®/MCHES®
Nurses
Dietitians
Diabetes Educators
Social Workers

Learn more about eligibility and registration here: <https://www.kidneyfund.org/training/kidney-health-coach/>

AKF Social Media Handles:     

Our social media team is available to answer any questions you may have about posts or supportive content to share. For direct questions about social media, please contact kbrooks@kidneyfund.org.